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**Everyday Christianity**  
"Finding Balance"  
Luke 10:38-42

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04-16-23

Introduction: We are in the midst of a series where we are focusing on "Everyday Christianity".

- There really isn't any other kind.
  - Christianity is not a "part-time" commitment.
1. We have covered a lot of ground:
    - Our Identity in Christ
    - Starting The Day With God
    - Maintaining a Christian Worldview
    - Becoming People of Influence
  2. As we continue this morning, we'll focus on balance.
  3. Maintaining our balance can be a challenge in the fast-paced world we live in.
    - Partly because of life's demands.
    - Partly because of the seasons in our lives.
    - Partly because of the tyranny of the urgent.
  4. We must meet this challenge. There is too much at stake, so failure is not an option. The question is how?
  5. In our text today, Jesus visits Mary and Martha. As we work through this story, we'll learn lessons to guide us.
- I. Lesson 1: There Are Many Demands On Our Lives
    - A. The Jar
    - B. Sorting Things Out

- C. Demands
  - Take Many Forms
  - All Seem Important
  - Consume Our Time
  - We Have Finite Capacity

- II. Lesson 2: To Maintain Balance We Must Prioritize

- A. Big Rocks First
- B. Relationship
- C. Contentment

Conclusion: There is no secret formula in life that guarantees balance.

1. In fact, there will be times when due to circumstances beyond our control, we will lose balance.
2. What we don't want to do is live there.
3. An occasional season of imbalance is understandable, a lifetime of imbalance will cost you dearly.
4. The answer is found in priorities.
  - Major on the Majors
  - Major on Relationships
  - Value Contentment
5. As we do, our daily balancing act gets much simpler.