

---

---

## The Road To Restoration

"Taking Out The Trash"

Proverbs 28:13, 1 John 1:8-10

---

---

03-03-24

Introduction: We are three weeks into a journey where the destination we seek is restoration.

1. We've covered a lot of ground:
  - Identified The Problem
  - Recognized Christ Is The Only Answer
  - Learned We Must Make A Personal Commitment
2. This is a huge step, but it is not the end of our journey. In many respects it's only the beginning.
3. The bible describes the moment we surrender to Christ as being "born again". The point being, now that we have new life in Christ, it is time to grow.
4. Paul describes that process as a combination of "putting off" and "putting on".
5. We'll focus on "putting off" this morning.
6. As we'll see, this involves learning to confess our sin.

### I. Why Is Confession Necessary?

- A. Sin Produces Guilt
- B. Guilt Complicates Our Lives
- C. Guilt Acts Like An Anchor

### II. How Should I Confess My Sin?

- A. Reject Denial
- B. Practice Self-Evaluation
- C. Accept Responsibility
- D. Seek Forgiveness
- E. Invite Accountability
- F. Live In Freedom

Conclusion: Think about your home, what would it be like if you never took out the trash?

1. Confession is how we remove the trash in our lives.
2. It will be practiced for the rest of our lives.
3. Confession clears the way for the new self to form.
4. So, if you want that new self to emerge, learn to regularly confess your sin.